



**Liturgical Word of the Week**

This week we continue to look at various aspects of Prayer and its principal activities. **Repentance** is a recognition of the wrong we have done to God by sin, a detestation of the evil effects of sin and a desire to turn from evil and do good

**Promotion of Human Dignity:** “Even today, in the face of so many violations of human dignity that seriously threaten the future of the human family, the Church encourages the promotion of the dignity of every human person, regardless of their physical, mental, cultural, social, and religious characteristics. **Pope Francis’ says:** “I appeal to everyone throughout the world not to forget this dignity which is ours. No one has the right to take it from us.” **Please write to your MSPs and MPs** and ask them not to allow assisted suicide on the NHS in Scotland: <https://writetothem.com>

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**Zoom Event – 24th February 7pm-8pm** - An evening with Canon Michael Hutson: Reflections of my visit with **SCIAF** to Colombia: **SCIAF** is inviting you to a scheduled Zoom meeting. Join Zoom Meeting <https://us02web.zoom.us/j/88968244691> Meeting ID: 889 6824 4691

**Fr Berry’s Philosophical Corner**

The trouble with getting to work on time is that it makes the day so long.

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**Dear St Joseph, Guardian of The Holy Family, watch over our Parish St Patrick, pray for us.**



**February 8<sup>th</sup> -9<sup>th</sup>  
Jubilee of the Armed Forces  
Police and Security Forces**